



Trailhead 38

Loop 38a

Carroll's Loop

Carroll's Loop

5km

Easy

Ascent 110m

Forestry tracks

Ballynacourty

Slievenamuck

Lisvarrinane

Map not to scale. Ordnance Survey Ireland Licence No. EN 0019209
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Map Ref. OSI Sheet 74, R845 287

Whilst every effort has been made to ensure that the information contained on this Map Guide is accurate, no responsibility will be accepted by the promoters for any errors, omissions or inaccuracies contained therein.

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500 metres

1/2 mile

Start Here

Trailhead	Lisvarrinane Village, Glen of Aherlow, Co. Tipperary. OSI Sheet 74, R845 287		
Services	Lisvarrinane Village, Co. Tipperary.		
Dist/Time	5km/1.25hrs - 1.75hrs		
Difficulty	Easy		
Terrain	Forestry tracks and woodland trails	Theme	Nature
To suit	Medium level of fitness		
Min. Gear	Trekking shoes, raingear and fluid		

Carroll's Loop

The name Lisvarrinane comes from the Irish Lios Fearnain, which means the fort of the fairies. The village was developed in the 18th century to service two local landlord families, the Massy's of Stagdale and the Massy-Dawson's of Ballinacourty. The church in the village was built in 1889 and is mainly constructed of sandstone with limestone facing. It is popular for weddings of couples not alone from the parish but from all of the neighbouring counties. When William Bulfin, author of Rambles of Eireann, arrived at the top of Slievenamuck and looked down on Lisvarrinane he was completely captivated by what he saw and wrote '...the brightness and freshness of its beauty are entrancing... Those green, swelling, smiling fields, that silver stream, the heather clad slopes of the Galtees, and the thick woods along the northern hills are glorious'. This loop is the shortest of three that start and finish at the trailhead in the middle of the village.

A-B. Starting from the village pass the church on your left and turn left onto Carrolls Bohereen from where the loops proper begin. After a short trek along this roadway, you reach a laneway on your right. Turn right here.

B-C. The laneway ascends to reach a forestry track where it joins the long-distance Ballyhoura Way (marked with the standard yellow walking man and arrow). Turn right here – both the blue and red loop turn left.

C-D. Follow the Ballyhoura Way for approximately 1km to reach a 3-way junction. A number of loops merge here (from both the Lisvarrinane and Christ the King trailheads) so be careful to follow the green arrows as your loop turns right continuing to follow the Ballyhoura Way and merging with the blue loop and red loop on the return to the trailhead.

D-E. The forestry road takes you downhill to reach a T-junction of forestry roads where you turn right and shortly afterwards emerge onto a surfaced road. Continue straight here.

E-A. The last section of the loop follows surfaced roadway to emerge at a T-junction at the top of Lisvarrinane village – turn right here and enjoy the 200m back to the trailhead.



This Loop Walk was developed by Lisvarrinane Rural Social Scheme in association with Fáilte Ireland. www.discoverireland.ie/walking
www.aherlow.com

