

TRAILHEAD Darragh Bridge, Darragh, Co Limerick **SERVICES** Kilfinnane (6km), Mitchelstown (12km)

DIST / TIME 10km / 2hr30mins – 3hrs

DIFFICULTY Moderate

TERRAIN Green roads and forestry roads

MIN. GEAR Hiking boots, raingear, liquids and mobile phone

8 24' 24" W (Darragh Hills Carpark) 52 20'25"N **GPRS**



Darragh Hills Loop

The town of Mitchelstown is situated just off the M8 - the main motorway which links the cities of Dublin and Cork. From the roundabout on the northern side of Mitchelstown take the R513 in the direction of Kilfinnane. After 2km veer left at a Y-junction and take the R517 in the direction of Kilfinnane. After approximately 11km watch for a disused Creamery building on your left at Darragh Bridge. The trailhead is the old Creamery building. Park at the creamery which is before you cross the bridge.

Directions

- A-B. Starting from the trailhead at Darragh bridge, follow the purple (and green) arrows uphill along the surfaced roadway to reach a T-junction (The green arrows are for the shorter Castlegale Loop). Turn left and travel 100m to reach a junction with a laneway on your right. Turn right here. Follow the laneway uphill past a Holy Well and after 500m reach a junction with a forestry track. This is the point from which the loop properly begins -continue straight on through the wooden posts and join a woodland track.
- B-C. Continue to follow the green and purple arrows along the track as it meanders through a section of broadleaf woodland and ascends to exit onto a forestry roadway. Turn right and follow the forestry roadway for a further 600m more to reach a right bend where it turns left into forestry and ascends to reach the pile of stones that is Castle Gale. Enjoy the views before continuing over the top and descending a short distance to reach a forestry track. Turn right and walk for almost 500m to a point where the green loop turns right and enters forestry. You continue straight on here.
- C-D. Cross some fields before joining a forestry road which ascends along the left of forestry for more than 1km. At the end turn right and ascend steeply to the highest point of the loop close to the summit of Carrigeenamronely. After a quick descent the loop turns sharp right, but almost immediately turns sharp left and follows the edge of forestry to exit on a forestry road and turn right.
- D-A. Follow the purple arrows as the loop ascends gently, veers left at a Y-junction, and 300m later passes straight through at a double barrier. After 200m the green loop rejoins from your right. After another 200m, veer left onto a grassy downhill track and after a short descent reach the junction from where you started the loop. Turn left and follow the green and purple arrows to join the laneway and descend to reach the surfaced road. Turn left, then right, and enjoy the last 300m back to the trailhead.

Ballyhoura Office 063 91300, Emergency 112, Office hours Monday to Friday from 9am - 5pm Dogs must be kept on a lead at all times. www.visitballyhoura.com

















