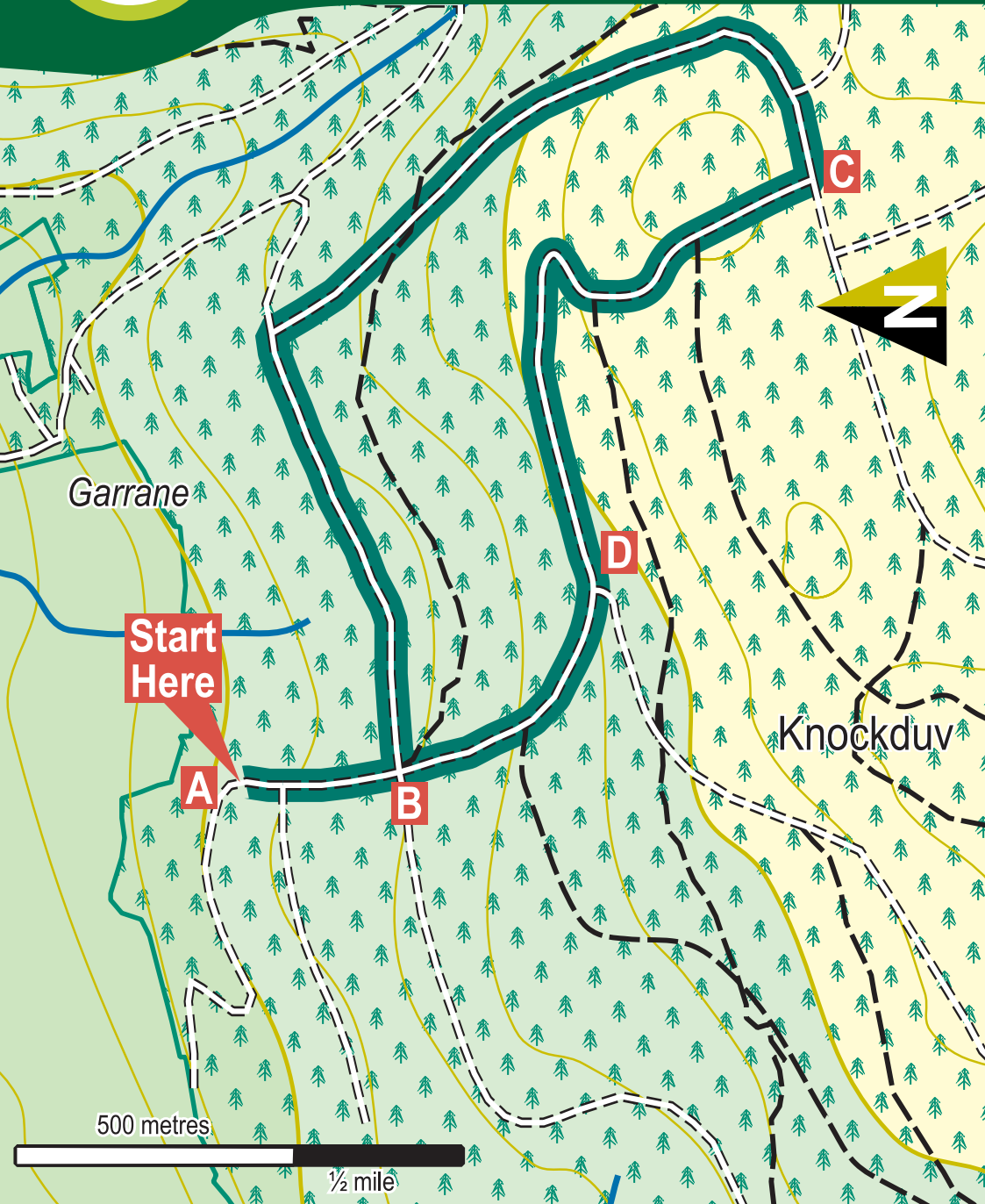




Trailhead 85

Ballyhoura Country Walks

Knockduv Loop



TRAILHEAD SERVICES
DIST / TIME
DIFFICULTY
TERRAIN
MIN. GEAR
GPRS

Ballynaboola Woods Car Park, Ballyhea, Cork
Ardpatrick (4km), Charleville (10km)
5km / 1hr15mins - 1hr30mins
Moderate
Forestry roads and tracks
Walking boots, raingear and liquids
8 38' 14" W (ballinaboola Woods Carpark) 52 18' 43"N



Simply different

Ballyhoura Country

Knockduv Loop

The village of Ballyhea is situated on the N20 between the towns of Charleville and Buttevant. From Ballyhea take a left off the N20 to Ardpatrick via the railway gates and continue straight on for 5km. Here you will see a finger post directing you to take a right onto a gravel road to the Trailhead car park. The Trailhead is located at the car park less than 1km in from road.

Directions

A-B. Starting from trailhead, follow the green (and purple) arrows uphill from the car park. The purple arrows are for the longer Ballinaboola Loop. After 300m you reach a crossroads from where the loop begins. You will return to here later – now turn left.

B-C. Follow the forestry road for 800m to reach a 3-way junction where both loops veer right and uphill. Now follow a forestry road uphill for about 1km along where the loop is crossed by cycle tracks. At the top of the climb the loop swings right and after 100m is joined by the long-distance Ballyhoura Way (yellow arrows) at a 3-way junction. Continue straight at this junction, after 100m turn left at the next 3-way junction.

C-D. Now the loop begins to descend. Continue downwards until you reach a Y - junction where the purple Ballinaboola Loop veers left and uphill. You veer right and downhill following the green (and yellow) arrows.

D-A. Continue to descend and after 500m you reach the crossroads from where you started the loop. This time go straight across and enjoy the last 300m back to the trailhead.

**Ballyhoura Office 063 91300, Emergency 112,
Office hours Monday to Friday from 9am - 5pm**

**Dogs must be kept on a lead at all times.
www.visitballyhoura.com**



An Roinn Ealaíon, Cúlraochta,
Cultúir, Heaghláimhne, Tuathra agus Gaeltachta
Department of Arts, Heritage,
Rural and Gaeltacht Affairs



Realising our
Rural Potential
Action Plan for Rural Development



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